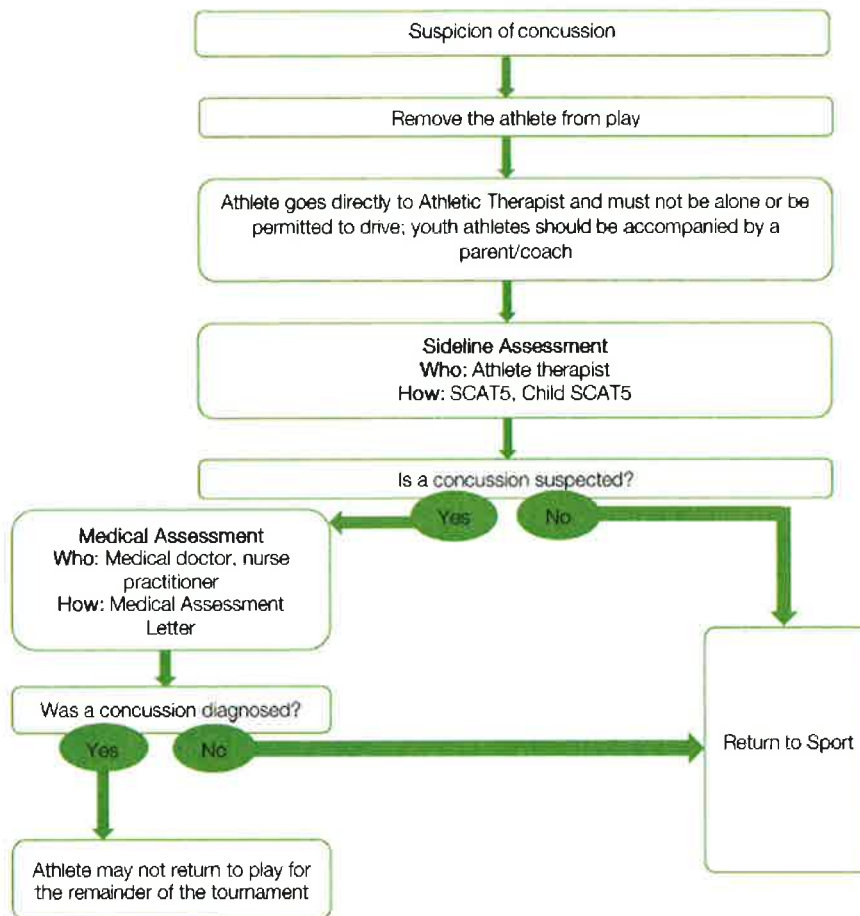


## Appendix C



# Volleyball Canada Concussion Management Pathway



### 1. Suspected Concussion

- Athlete presents themselves to an Athletic Therapist, they must be accompanied by an adult for the assessment.
- AT radios the Competition Department to request a staff member to review the policy with the athlete and adult (This may be completed by the AT with prior approval from the Competition Director).
- Competition Staff member presents the athlete with the Concussion Pathway Chart and explains the VC policy and confirms understanding, then departs.
- AT completes SCAT 5 assessment.

## 2. Athlete passes the assessment

- Athlete returns to team and continues to play
- AT completes the Return to Play form and gives it to Competition staff.

## 3. Athlete fails the assessment

- AT notifies the athlete of the result and informs them that they cannot play unless they successfully complete a full assessment by a medical professional; AT provides the Medical Assessment Letter.
  - If VC has a medical professional on site, the athlete must be assessed by this doctor.
  - If VC does not have a medical professional on site, the athlete may be assessed by a doctor of their choice.
- AT completes the Return to Play form and gives it to the Competition staff; this must be done immediately upon completion of the assessment.

## 4. Competition Staff

- Upon receipt of the Return to Play form, the staff member must enter the information into the Concussion Tracking document.
    - If the athlete is permitted to play, no additional work must be done.
    - If the athlete is not permitted to play, the staff member must remove the player from the roster on each printed scoresheet (strikethrough with VC initialled). No changes are to be made to ISET.
      - **\*\*Athletes who are removed from play must be removed from the printed scoresheet (as indicated above) for all subsequent competition days where new scoresheets are printed.\*\***
  - If the athlete provides an Assessment Letter which clears them of a concussion, the Concussion Tracking document must be updated and the Assessment Letter must be copied and stapled to the original Return to Play form. The player must immediately be added to the roster on any printed scoresheets from where they have been removed (reprint name with VC initials) or a reprint of the score sheet may be required.
    - If the athlete provides an Assessment Letter which does not clear them to play, no additional work must be done. A copy should be made and stapled to the Return to Play form.
  - All Return to Play and Assessment Letters must be kept in a safe place and returned to VC upon completion of the event.
- Upon Completion of Nationals**

The concussion tracking document must be emailed to [Nationals@volleyball.ca](mailto:Nationals@volleyball.ca). All return to play Assessment letters should be returned to VC